

## **NOVEMBER 2025**

Chila Nutrition

**Elementary Breakfast** 

Thursday Friday Monday Wednesday Tuesday Trix Yogurt Egg & Sausage Cinnamon Roll Sausage & Biscuit 6 Fruit Loop Waffle Croissant Sandwich Apple Slices Chat Snax Grahams Fresh Fruit Fresh Fruit **Chilled Peaches** Applesauce Fruit Juice Fruit Juice Fruit Juice Milk Milk Fruit Juice Fruit Juice Milk Milk Milk 12 13 10 French Toast Bites Breakfast Bowl Waffles Large Muffin Smoothie **Chilled Peaches** Chat Snax Grahams Sausage Patty Fresh Fruit **Applesauce** Fruit Juice Fruit Juice **Apple Slices** Fresh Fruit Fruit Juice Milk Milk Fruit Juice Fruit Juice Milk Milk Milk Fruit Loop Waffle 21 Trix Yogurt 17 Egg & Sausage Cinnamon Roll 19 Sausage & Biscuit 20 Fresh Fruit Chat Snax Grahams Croissant Sandwich **Apple Slices** Fresh Fruit Fruit Juice **Applesauce** Chilled Peaches Fruit Juice Fruit Juice Milk Fruit Juice Fruit Juice Milk Milk Milk Milk 28







